## E-læringsøvelse 1: Forventningsafstemning

**1. Introduktion:**

– hvad er min rolle, hvad har jeg brug for viden om, hvordan forventer jeg forløbet bliver?

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### Forventningsafstemning

- hvad forventer du af mig, hvad kan du bruge min hjælp til, hvad ønsker du at opnå/hvordan?

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**Målsætning**

**-**Beskriv hvordan/hvor ofte du vil forventningsafstemme forløbet og/eller din rolle med dine patienter frem til næste kursusaktivitet (fx at du vil forventningsafstemme forløbet med alle nye patienter frem til næste aktivitet eller at du i introduktionen vil fortælle at du prioriterer tid på samtalen).

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